## **ANNUAL CONFERENCE 2025**

## Looking after our greatest asset: Enhancing wellbeing in policing

VENUE: Verena Holmes Building, North Holmes Road, Canterbury



## **AGENDA** Wednesday 22 January 2025

11:30	Registration, refreshments, lunch - VH 3RD FLOOR				
12:30	Opening address				
12:45 13:10	Keynote 1: <b>Dr Ian Hesketh</b> (The National Police Wellbeing Service, College of Policing)  Keynote 2: <b>Prof Jason Roach</b> (Applied Criminology and Policing Centre, University of Huddersfield)				
13:35	Q&A				
13:50	Refreshment break - VH 3RD FLOOR				
14:15	A practitioner experience: Jon Fanner (University of Cumbria)				
14.35	Taking Responsibility for your People: Understanding drivers of wellbeing amongst investigators of rape and serious sexual offending: <b>Prof Emma Williams and Richard Harding</b> (Centre of Excellence in Equity for Uniformed Public Services, Anglia Ruskin University)				
15:00	Understanding Suicide Amongst Police Officers: Dave Marshall (University of Strathclyde)				
15.25	Improving Representation and Inclusion in Serious and Organised Crime Policing Roles: Prof Sarah Charman, Dr Alejandra De La Fuente Vilar, Dr Geoff Newiss (University of Portsmouth) and Paul Wells (NPCC)				
15:50	Q&A	Q&A			
16:05		Refreshment break - VH 3RD FLOOR			
	PARALLEL PRESENTATIONS				
	Wellbeing 1 - VH2.59	Wellbeing 2 - VH1.07	Wellbeing 3 - VH0.04		
16:30	Wellbeing 1 - VH2.59  Embodied Communication and Wellbeing: Supporting Self and Others Through Increased Presence and Awareness: Lucy Nicholson (University of Central Lancashire)	Wellbeing 2 - VH1.07  Police-perpetrated domestic abuse research: Dr Clare Rawdin (Anglia Ruskin University)	Wellbeing 3 - VHO.04  Impact of Specialism in England and Wales: An Online Survey:  Arianna Barbin (University of Suffolk)		
16:30	Embodied Communication and Wellbeing: Supporting Self and Others Through Increased Presence and Awareness: <b>Lucy Nicholson</b>	Police-perpetrated domestic abuse research: <b>Dr Clare Rawdin</b> (Anglia	Impact of Specialism in England and Wales: An Online Survey:		
	Embodied Communication and Wellbeing: Supporting Self and Others Through Increased Presence and Awareness: Lucy Nicholson (University of Central Lancashire)  An examination of the effect of using wearable technology and educational packages on health outcomes and quality of life in police officers and staff: Dr Carol Cox, Moya Ward	Police-perpetrated domestic abuse research: Dr Clare Rawdin (Anglia Ruskin University)  Police assaults by members of the public: Dr Kathryn Sherratt	Impact of Specialism in England and Wales: An Online Survey: Arianna Barbin (University of Suffolk)  How can we protect the protectors? Learning from police officers and staff involved in child sexual abuse and exploitation investigations: Dr Theresa Redmond (Anglia Ruskin University) Paul Conway (University of		
16:55	Embodied Communication and Wellbeing: Supporting Self and Others Through Increased Presence and Awareness: Lucy Nicholson (University of Central Lancashire)  An examination of the effect of using wearable technology and educational packages on health outcomes and quality of life in police officers and staff: Dr Carol Cox, Moya Ward (Liverpool John Moores University)  The wellbeing of police call handlers: Rebecca Kinnear	Police-perpetrated domestic abuse research: Dr Clare Rawdin (Anglia Ruskin University)  Police assaults by members of the public: Dr Kathryn Sherratt (University of Huddersfield)  Exploring the resilience levels and wellbeing of Professional Policing Special Constables: Pre and Post Training: Steven Wadley	Impact of Specialism in England and Wales: An Online Survey: Arianna Barbin (University of Suffolk)  How can we protect the protectors? Learning from police officers and staff involved in child sexual abuse and exploitation investigations: Dr Theresa Redmond (Anglia Ruskin University) Paul Conway (University of Southampton)  With a Little Help from My Friends: Peer-to-Peer: Dr Tegan Brierley-Sollis, Nick Hoose, Andrew Crawford, Dr		



Canterbury
Centre for
Policing Research



## DAY 2 Thursday 23 January 2025

8:45	Registration, refreshments, lunch - VH 3RD FLOOR				
09:00	A debt of gratitude: Police Families Wellbeing and Support Needs: <b>Dr Sarah-Jane Lennie</b> (The Open University)				
09:25	A study of trauma and coping in police officers who investigate rape and child abuse in London: <b>Dr Jim Foley</b> (Retired Det Supt Metropolitan Police Service)				
09:50	Q&A				
10:00	Constant pressures from all angles: Understanding the mental health of UK police officers: <b>Dr Cody Porter</b> and <b>Dr Paul Gavin</b> (University of the West of England)				
10:25	Refreshment break - VH 3RD FLOOR				
	PARALLEL PRESENTATIONS				
	Wellbeing 4 - VH1.07	Wellbeing 5 - VH0.04	Wellbeing 6 - VH3.13		
11:00	The wellbeing of DVIs: <b>Dr Natalie Gorton</b> (University of Huddersfield)	The future of police wellbeing research: an overview of the early intervention PhD research being undertaken at the University of Huddersfield.  Dr Ashley Cartwright (University of Huddersfield)	The wellbeing of SIOs: <b>Dr Liam Curran</b> (University of Huddersfield)		
11:25	Keeping police officers in 'an impossible profession.': <b>Dr Helen Glasspoole-Bird</b> (The Open University)	Seeking help is a strength: caring who care by reducing the stigma about mental health:  Joan Roa Natividad (Department of Interior and Public Security, Barcelona, ES)	A prevailing police culture? Exploring barriers to effective wellbeing support: Dr Fiona Wadie and Prof Sarah Charman (University of Portsmouth)		
11:50	Child sexual exploitation case investigations and secondary trauma – Promoting trauma awareness using Robyn and Molly, a digitally simulated training tool:  Dr Aravinda Kosaraju (University of Kent)	Give a man a fish and you feed him for a day. Teach him how to fish and you feed him for a lifetime' (Lao Tzu)  Shauna McCusker (Canterbury Christ Church University)	Design of a Wellbeing App for Managing Complex Shift Patterns and Occupational Stress in UK Blue Light Forces: Olumuyiwa Ayonarinde (Bournemouth University) and Fiona Bitters (Detective Chief Superintendent Hampshire and Isle of Wight Constabulary)		
12:15	Lunch - VH 3RD FLOOR				
13:00	Closing the repair shop: Shared spaces and wellbeing in policing: Dr Carina O'Reilly (University of Lincoln)				
13:25	A practitioner experience: Dave Shipley				
13:50	Breaking Barriers: Advancing Wellbeing in Policing by Addressing Perinatal Mental Health and Maternity Challenges: <b>Dr Keely Duddin, Dr Sarah-Jane Lennie, Kendal Wright</b> (The Open University)				
14:15	Q&A				
14:30	Refreshment break - VH 3RD FLOOR				
14:50	FLO wellbeing research project: Dave Egan (Devon and Cornwall Police)				



Final Remarks & Close

15:15

