

ANNUAL CONFERENCE 2025

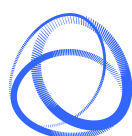
# Looking after our greatest asset: Enhancing wellbeing in policing

VENUE: Verena Holmes Building,  
North Holmes Road, Canterbury



## AGENDA Wednesday 22 January 2025

11:30	Registration, refreshments, lunch		
12:30	Opening address		
12:45	Keynote address 1: <b>CC Lauren Poultney</b> (South Yorkshire Police, NPCC Wellbeing Lead) TBC		
13:10	Keynote address 2: <b>Dr Ian Hesketh</b> (The National Police Wellbeing Service, College of Policing)		
13:35	Keynote address 3: <b>Prof Jason Roach</b> (Applied Criminology and Policing Centre, University of Huddersfield)		
14:00	Q&A		
14:15	Refreshment break		
14:35	<i>A practitioner experience (tbc):</i> <b>John Fanner</b> (University of Cumbria)		
15:00	<i>Understanding Suicide Amongst Police Officers:</i> <b>Dave Marshall</b> (University of the West of Scotland)		
15:25	<i>Improving Representation and Inclusion in Serious and Organised Crime Policing Roles:</i> <b>Prof Sarah Charman, Alejandra De La Fuente Vilar, Geoff Newiss</b> (University of Portsmouth) and <b>Paul Wells</b> (NPCC)		
15:50	Q&A		
16:05	Refreshment break		
	PARALLEL PRESENTATIONS		
	<b>Wellbeing 1</b>	<b>Wellbeing 2</b>	<b>Wellbeing 3</b>
16:30	<i>Embodied Communication and Wellbeing: Supporting Self and Others Through Increased Presence and Awareness:</i> <b>Lucy Nicholson</b> (University of Central Lancashire)	<i>Police-perpetrated domestic abuse research:</i> <b>Clare Rawdin</b> (The Open University)	<i>Impact of Specialism in England and Wales: An Online Survey:</i> <b>Arianna Barbin</b> (University of Suffolk)
16:55	<i>An examination of the effect of using wearable technology and educational packages on health outcomes and quality of life in police officers and staff:</i> <b>Dr Carol Cox, Moya Ward</b> (Liverpool John Moores University)	<i>Police assaults by members of the public:</i> <b>Dr Kathryn Sherratt</b> (University of Huddersfield)	<i>How can we protect the protectors? Learning from police officers and staff involved in child sexual abuse and exploitation investigations:</i> <b>Dr Theresa Redmond, Paul Conway</b> (Anglia Ruskin University)
17:20	<i>The wellbeing of police call handlers:</i> <b>Rebecca Kinnear</b> (University of Huddersfield)	<i>Exploring the resilience levels and wellbeing of Professional Policing Special Constables: Pre and Post Training:</i> <b>Steven Wadley</b> (Birmingham City University)	<i>With a Little Help from My Friends: Peer-to-Peer:</i> <b>Dr Tegan Brierley-Sollis, Nick Hoose, Andrew Crawford, Dr Sarah Dubberley</b> (Wrexham University)
17:45	Day 1 close/hotel check-in		
20:00	Optional Conference dinner - Cote Brasserie, 2 Longmarket, Canterbury		



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# DAY 2 Thursday 23 January 2025

09:00	<i>A debt of gratitude: Police Families Wellbeing and Support Needs</i> <b>Dr Sarah-Jane Lennie</b> (The Open University)		
09:25	<i>A study of trauma and coping in police officers who investigate rape and child abuse in London</i> <b>Dr Jim Foley</b> (East Sussex College/Retired Det Supt Metropolitan Police Service)		
09:50	Q&A		
10:00	<i>Constant pressures from all angles: Understanding the mental health of UK police officers</i> <b>Dr Cody Porter and Dr Paul Gavin</b> (University of the West of England)		
10:25	<b>Refreshment break</b>		
	<b>PARALLEL PRESENTATIONS</b>		
	<b>Wellbeing 4</b>	<b>Wellbeing 5</b>	<b>Wellbeing 6</b>
11:00	<i>The wellbeing of DVI's:</i> <b>Dr Natalie Gorton</b> (University of Huddersfield)	<i>Police officer wellbeing:</i> <b>Dr Ashley Cartwright</b> (University of Huddersfield)	<i>The wellbeing of SIO's:</i> <b>Dr Liam Curran</b> (University of Huddersfield)
11:25	<i>Keeping police officers in 'an impossible profession.':</i> <b>Dr Helen Glasspool-bird</b> (The Open University)	<i>Seeking help is a strength: caring who care by reducing the stigma about mental health:</i> <b>Joan Roa Natividad</b> (Department of Interior and Public Security, Barcelona, ES)	<i>A prevailing police culture? Exploring barriers to effective wellbeing support:</i> <b>Dr Fiona Wadie</b> (University of Portsmouth)
11:50	<i>Child sexual exploitation cases investigations and secondary trauma – Promoting trauma awareness using Robyn and Molly, a digitally simulated training tool:</i> <b>Aravinda Kosaragu</b> (University of Kent)	<i>Give a man a fish and you feed him for a day. Teach him how to fish and you feed him for a lifetime' (Lao Tzu)</i> <b>Shauna McCusker</b> (Canterbury Christ Church University)	<i>Design of a Wellbeing App for Managing Complex Shift Patterns and Occupational Stress in UK Blue Light Forces:</i> <b>Olumuyiwa Ayonarinde</b> (Bournemouth University)
12:15	<b>Lunch</b>		
13:00	<i>Closing the repair shop: Shared spaces and wellbeing in policing:</i> <b>Dr Carina O'Reilly</b> (University of Lincoln)		
13:25	<i>A practitioner experience:</i> <b>Dave Shipley</b>		
13:50	<i>Breaking Barriers: Advancing Wellbeing in Policing by Addressing Perinatal Mental Health and Maternity Challenges:</i> <b>Dr Keely Duddin, Dr Sarah-Jane Lennie, Kendal Wright</b> (The Open University)		
14:15	Q&A		
14:30	<b>Refreshment break</b>		
14:50	<i>FLO wellbeing research project:</i> <b>Dave Egan</b> (Devon and Cornwall Police)		
15:15	Final Remarks & Close		

